

PE Scheme of Work

Term	EYFS	Year 1	Year 2
Topic Plan Links:	- The Extraordinary Gardner/ The Tiny Seed - Naughty Bus/ I will never eat a tomato - Cave Baby/ Bringing the Rain to Kapiti Plain - I am Henry Finch/Look up! - Billy and the Beast/ I want my Hat back - Night Pirates/ Lost and Found	- Beegu/Pig the Pug - Stanley's Stick/ Dinosaur and all that rubbish - The sea saw/ The odd egg - Where the Wild things are/ Julian is a Mermaid - Izzy Gizmo/ A walk in London - The Comet/ Astro Girl	- The Last Stop on Market Street/The Journey Home - The Minpins/ The Bear Under the Stairs - Jim and the Beanstalk/ We are the Water Protectors - Lubna and Pebble/ Tadpoles Promise - Ocean Meets Sky/ Dear Earth
Autumn 1 <u>Multi-skills</u>	- Spatial awareness - Core movements - Co-ordination & Control - Sending & Aiming - Tracking & Retrieving - Bouncing & Throwing	- Moving with ball - Rolling and Aiming - Underarm throwing - Receiving & Catching - Basic racket skills	- Moving with ball - Rolling and Aiming - Throwing & Catching - Kicking - Racket & ball Skills
Autumn 2 <u>Multi-skills & Dance</u>	- Awareness of space - Body parts & shapes - Travel with control & co-ordination - Copy & Explore actions - Turns & jumps - Move confidently - Respond imaginatively	- Body actions, parts & shapes - Travelling actions - Balances - Copying & composing actions - Varying speed, level, direction	- Body actions, parts & shapes - Varying level, speed, direction, pathways & weight of actions - Explore, remember, repeat & link actions - Compose dance phrases
Spring 1 <u>Gymnastics</u>	- Space & body awareness - Balances & Jumps - Travel - Explore shapes - Rolls - Low apparatus	- Space & Safety - Key shapes & Travel - Jumping & Balancing - Short sequences - Rolling - Large/higher apparatus - Hand apparatus	- Travel - Key shapes on apparatus - Jumping & Balancing - Twisting & Rolling - Large apparatus - Longer sequencing - Hand apparatus
Spring 2 <u>Multi-skills</u>	- Footwork activities - Co-ordination skills - Controlling small equipment, sticks, rackets, etc	- Co-ordination skills - Unihoc skills - Defending target - Team Games	- Unihoc skills - Team games & tactics - Attack & defend - Tackling - Competition
Summer 1 <u>Applying Skills</u>	- Developing large & small ball skills - Kicking skills - Racket & ball - Outdoor activities & parachute	- Developing & applying large & small ball skills - Kicking skills - Racket & ball - Playing simple games - Outdoor activities & orienteering	- Large ball skills - Kicking skills - Striking & Fielding skills - Team games & rules - Racket & ball - Outdoor activities & orienteering

Summer 2 <u>Athletics & Sports Day</u>	• Underarm & overarm throwing • Moving & jumping in different ways • Developing agility & balance • Running technique & speed • Relay games	• Underarm & overarm throwing • Moving & jumping in different ways • Developing agility • Running technique & speed • Relay games	• Underarm & overarm throwing • Jumping technique • Balance & agility • Developing speed, power & strength • Improving running technique • Relay games
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