

This week is...

Week 1 Week 2 Week 3

AUTUMN / WINTER MENU (Vegetarian)



Family Favourites Monday

Around the World Tuesday

Pasta Town Wednesday

Great British Roast Thursday

FRESH FISH FRIDAY

WEEK 1

Choice 1

Vegan Meatball Tagine **VG**

Quorn Vegan Sausage **VG**

Tomato & Basil Sauce **VG**

Vegetable Burger **V**

Vegan Hot Dog **VG**

Served with

Confetti Rice & Sweetcorn **VG**

Mashed Potato, Baby Carrots, Cauliflower & Gravy **V**

Penne Pasta & Green Beans **VG**

Roast Potatoes, Cabbage, Carrots & Gravy **V**

Chips & Baked Beans **VG**

Dessert

Vanilla Shortbread **VG**

Jamaican Ginger Cake **V**

Peaches & Ice Cream **V**

Jam & Coconut Sponge **V**

Fruit Cocktail & Yoghurt **V**

WEEK 2

Choice 1

Quorn Vegan Nuggets **VG**

Quorn Dog **V**

Meat Free Bolognaise **V**

Quorn Vegan Sausage **VG**

Vegetable Pizza **V**

Served with

Roast New Potatoes & Sweetcorn **VG**

Nacho's & Mixed Salad Sticks **VG**

Penne Pasta & Garlic Bread **V**

Roast Potatoes, Honey Roast Carrots, Parsnips & Gravy **V**

Chips & Peas **VG**

Dessert

Chocolate Cookie **VG**

Dorset Apple Cake **V**

Baked Pineapple & Ice Cream **V**

Mixed Fruit Jelly **VG**

Sticky Toffee Pudding & Custard **V**

WEEK 3

Choice 1

Vegan Sausage Roll **VG**

Roasted Cauliflower Curry **VG**

Macaroni Cheese **V**

Quorn Burger **V**

Cheese & Onion Pasty **V**

Served with

Potato Rosti Bites & Baked Beans **V**

Rice & Naan Bread **V**

Broccoli & Sweetcorn **VG**

Roast Potatoes, Stuffing, Country Vegetables & Gravy **V**

Chips & Baked Beans **VG**

Dessert

Apricot & Ginger Flapjack **VG**

Strawberry Ice Cream Pot **V**

Chocolate Sprinkle Cake **V**

Mandarins **VG**

Australian Crunch **V**

Weeks starting:

Week 1: 1 Sep, 22 Sep, 13 Oct, 10 Nov, 1 Dec
Week 2: 8 Sep, 29 Sep, 20 Oct, 17 Nov, 8 Dec
Week 3: 15 Sep, 6 Oct, 3 Nov, 24 Nov, 15 Dec



Fresh fruit and yoghurt available daily as an alternative to dessert!

Do you need help?

If your child has a medically diagnosed dietary requirement which cannot be met by this menu please contact our office on 01278 427171.

V Vegetarian

VG Vegan / plant-based