

# Talking Cafe



**Angel Place, Bridgwater**

Upstairs in the Hub

*When?*

**Every Thursday**



**10am - 12.30pm**



**somerset village & community agents**  
part of CCS



## WHY POP IN?

Talking Cafes are great if you are looking for help and advice on important issues such as:

- caring for another
- housing
- health
- finance
- help with food/cooking
- adult social care
- children's services
- feelings of loneliness and isolation
- anything else that is worrying you.



Meet your local Village Agent and other support services such as Health Coaches.



[www.somersetagents.org/talkingcafes](http://www.somersetagents.org/talkingcafes)



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