

Fun through food & Movement

Getting to know
your Health
Visiting Service



Free drop in group for 0-5's, their parents and carers

A friendly and fun drop-in session run by the Health Visiting Team where you & your under 5's can meet other families, participate in games, join in with movement activities, get involved in food preparation and help to cook nutritious meals and snacks to take home with you!

Yeovil

0300 323 0119

Reckleford Childrens Centre | Wednesday | 10.00 - 11.30

Taunton

0300 323 0115

Acorns Children's Centre

Wednesday | 09.30 – 11.00

Bridgwater

0300 323 0116

Sydenham Childrens Centre | Friday | 09.30 - 11.00