

Healthy Little Ones

Getting to know
your Health
Visiting Service



Free drop in group for 0-5's, their parents and carers

A friendly and fun drop-in session run by the Health Visiting team, where you can access free health and development advice, practical and emotional infant feeding support, self-weigh your under 5, meet other parents / carers, and play!

North Sedgemoor & West Mendip | 0300 790 6836

Highbridge | Highbridge Childrens Centre | Tuesday | 09.30 - 10.30

Cheddar | Ocean Adventure Play Centre | Wednesday (term time only) | 10.00 - 11.30

Glastonbury | Glastonbury Library | Alternate Wednesdays | 09.30 - 11.00

Wells | Seagar Hall Wells | Alternate Thursdays | 13.00 - 14.30

Yeovil | 0300 323 0119

Westlands | Wednesday | 10.00 - 11.30

Reckleford Childrens Centre | Thursday | 13.00 - 14.30 |

Taunton | 0300 323 0115

Norton Fitzwarren Village Hall | 2nd/4th Wednesday each month | 09.15-11.00

Taunton Library | Tuesday | 10.00 – 11.30

Bridgwater | 0300 323 0116

Sydenham Childrens Centre | Wednesday | 09.30 - 11.00

East Somerset | 0300 323 0118

Frome | The Elliott Building, Council Offices | Wednesday | 13.00 – 14.30

Wincanton | Wincanton Library | Thursday | 10.30 – 12.00

Shepton Mallet | Shepton Mallet Library | Wednesday | 10.00 – 12.00

South Somerset West | 0300 790 6839

To be confirmed

West Somerset | 0300 323 0115

Wellington | St Johns Church | Tuesday | 10.00 – 11.30

Minehead | Minehead Eye | Wednesday | 09.30 – 11.00

Williton Children's Centre | Thursday | 13.00 – 14.30



For further group information, please visit our Social Media pages on Facebook & Instagram: **Somerset Health Visitors**