

This week is...

☐ Week 1 ☐ Week 2 ☐ Week 3

AUTUMN / WINTER MENU



Family Favourites Monday

Around the World Tuesday

Pasta Town Wednesday

Great British Roast Thursday

FRESH FISH FRIDAY

WEEK 1

Choice 1	BBQ Chicken Wrap	Chicken and Vegetable Curry	Beef Lasagne	Roast Chicken	Fish Cake
Choice 2	Halloumi Wrap	Vegetable Curry	Vegetable Lasagne	Quorn Fillet	Vegetable Burger
Served with	Pasta Salad, Coleslaw	50/50 rice, Naan Bread	Garlic Bread, Mixed Salad	Roast Potatoes, Broccoli, Diced Carrots, Gravy	Chips, Beans
Dessert†	Cheese and Crackers	Fresh Fruit Slices	Fruit Jelly	Watermelon Slice	Apple Flapjack

WEEK 2

Choice 1	Baked Sausages	Mild Chilli Con Carne	Chicken Fajita	Roast Beef with Yorkshire Pudding	Fish
Choice 2	Quorn Sausages	Meat Free Chilli	Quorn Chicken Fajita	Veggie Toad In The Hole	Vegan Burrito
Served with	Boiled Potatoes, Green Beans, Diced Carrots, Gravy	50/50 Rice, Nachos	50/50 Pasta, Mixed Vegetables	New Potatoes, Cauliflower, Cabbage and Gravy	Chips, Peas
Dessert†	Fruit Yoghurt	Fresh Fruit Slices	Strawberry Mousse	Watermelon Slice	Pancake with Forest Of Fruits

WEEK 3

Choice 1	Ham and Pineapple Pizza	American Hot Dog	Beef Bolognese	Roast Turkey	Fish Fingers
Choice 2	Cheese and Tomato Pizza	Quorn Dog	Meat Free Bolognese	Vegan Sausage Roll	Cheese and Onion Pasty
Served with	Diced Potatoes, Sweetcorn	Confetti Rice, Crispy Fried Onions, Ketchup	50/50 Pasta, Mixed Salad	Mashed Potatoes, Country Vegetables, Gravy	Chips, Beans
Dessert†	Cheese and Crackers	Fresh Fruit Slices	Watermelon Slice	Fruit Yoghurt	Baked Pineapple and Ice Cream Pot

A Jacket Potato with baked beans, cheese, tuna or salmon is available daily, as an alternative to the main meal

Weeks starting:

Week 1: 31st Aug, 21st Sept, 12th Oct, 9th Nov, 30th Nov,
Week 2: 7th Sept, 28th Sept, 19th Oct, 16th Nov, 7th Dec
Week 3: 14th Sept, 5th Oct, 2nd Nov, 23rd Nov, 14th Dec



Fresh fruit and yoghurt available daily as an alternative to dessert!

Do you need help?

If your child has a medically diagnosed dietary requirement which cannot be met by this menu please contact our office on 01278 427171.

V Vegetarian
VG Vegan / plant-based